

Join Us



Solihull Girls Can needs you!

By becoming a Solihull Girls Can Ambassador, you will be helping encourage your friends, family, colleagues and neighbours to join in and support the movement.

Who?

If you're over 16 and have loads of enthusiasm then you're perfect!

What?

Whether it's supporting a 'first timer' find their feet at the leisure centre or the team in the office, to social media guru or supporting us at local events such as Race for Life, we have a range of opportunities to suit you, depending on your personal preferences, background and interests.

Why?

As a Solihull Girls Can Ambassador, you're the heart of the movement. You can inspire women and girls in your family, your friends, colleagues and community to be a bit more active.

All our volunteers will be rewarded and recognised throughout their journey, based on the number of hours which are completed as a volunteer.

So what are you waiting for?

Contact sadiewalker@solihull.gov.uk to find out what opportunities are available and sign up as an IWYIW Champion! (Keep your eyes peeled on our website will update regularly as new opportunities become available).

