

Partner Us



Become a Solihull Girls Can partner and help us get more women and girls in Solihull more active, more often and make a real difference to our communities.

Who?

We have three different types of partner; brand partners, proud partners and supporting partners. Please contact us if you're not sure what type of partner you'd be!

- *Brand partner* – independent instructors, coaches, NGBs, sports clubs and local gyms
- *Proud partner* – commercial businesses, employers within Solihull, healthcare professionals and community groups
- *Supporting partner* – usually supermarkets, retailers, hair and beauty salons, leisure businesses, local community groups and smaller local businesses

What?

Women are less likely to play sport or get active than men and this is affecting their lives and those of their families.

Why?

We need to tackle this inequality for three important reasons:

- Sport and activity improves our health
- Getting active is good for our heads - Physical activity can reduce depression, anxiety, psychological distress and emotional disturbance
- Many women have a big influence on their families - When women are more active or play sport. Girls in particular can be more influenced by active, sporty mums than sporting heroes or big sporting events.

What are you waiting for? Get in touch!

Solihull Girls Can, Solihull Active Team, Public Health, Solihull Council, Council House, Solihull, B91 3QB

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